

Morning Expectations WITH A CHEERFUL HEART!!!

Up on time
Shower
Get dressed appropriately
Take Meds
Eat breakfast
Make bed
Pick up room and bathroom
Do chores, if morning
Have all school supplies in backpack, including homework and glasses
In car by appropriate time, 7:45 OR 8:20

Consequences if not done: -- Per Week

1 st Time	No TV for the rest of that day
2 ND Time	No TV for that day or the next, sentences, (20>7, 50>9, 150>18)
3 rd Time	No TV for 1 Week, sentences (double above), extra chore for 1 week

UNACCEPTABLE BEHAVIORS UNACCEPTABLE WORDS

Yelling	1. Stupid
Hitting	2. Dummy
Kicking	3. Idiot
Stomping	4. Moron
Spitting	5. Loser
Hands on another	6. Jerk
Using other's things without asking	7. Shut-up
Throwing a fit or being rude to an adult	8. Butthead
Door Slamming	

Consequences for Unacceptable Behaviors:--Per Day

1 st Time	Time Out
2 nd Time	Time Out, no TV that day and sentences
3 rd Time	Time Out, no TV that day, sentences and ½ hour of extra chores

Consequences for Unacceptable Words: -- Per Day

1 st Time	Warning
2 nd Time	Sentences
3 rd Time	Sentences x2, ½ hour of extra chores